

Workshop

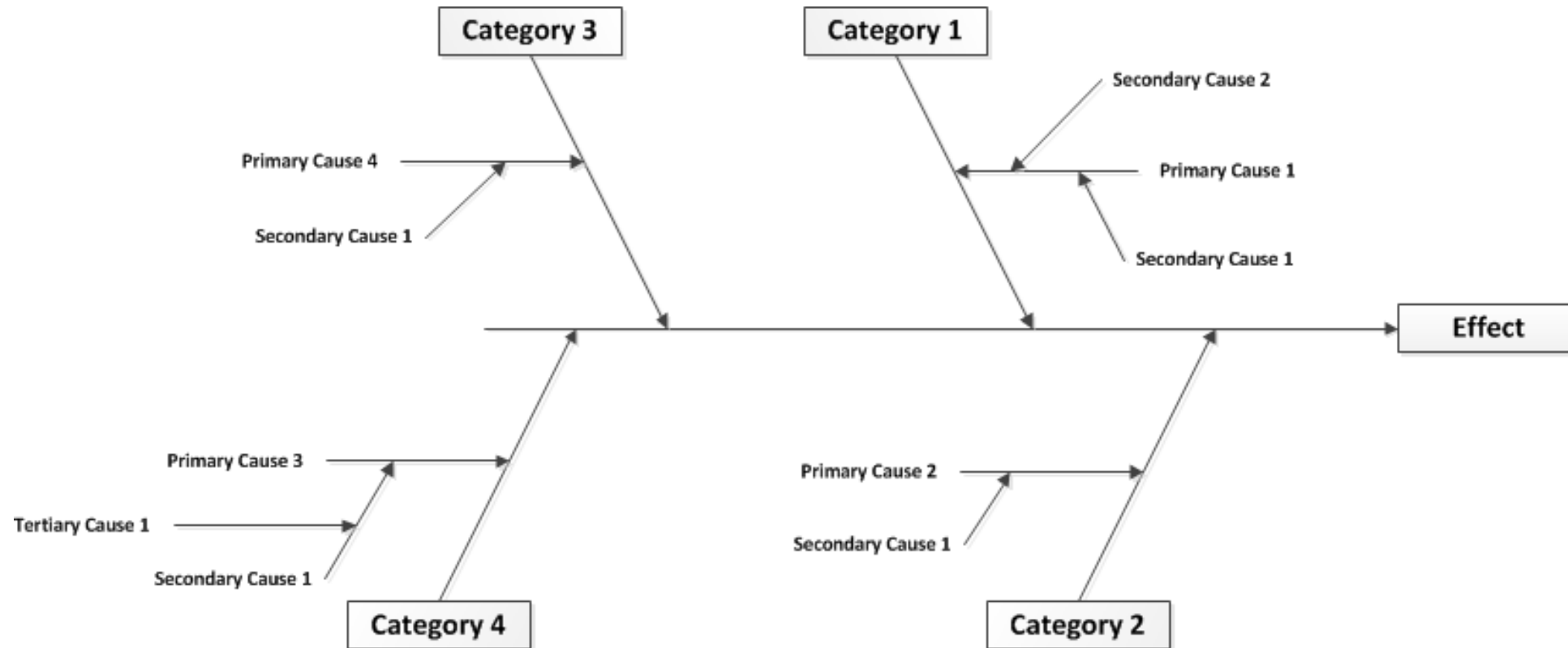
Using an Ishikawa diagram (cause and effect diagram) analyze the problem:

Reasons for dropping-out from professional sport

- Divide into groups of 4-5 people
- Professional athletes recommended as group leaders
- The categories of reasons for dropping-out are divided into: social, psychological, health, and economic (financial)



Co-funded by
the European Union



Each arrow stands for “...contributes to...” - heading from the secondary causes toward the main horizontal axis we interpret the diagram by answering the question “what effect does it have?”. Conversely, reading the diagram from the horizontal arrow to the secondary causes, we answer the question “why?” The development of the diagram ends when the phenomenon is fully identified.

After gathering the causes and secondary causes of the problem on the diagram, we proceed to the analysis. We select 2 to 4 causes that are likely to have the greatest impact on the effect and propose solutions relating to:

- **Extension of athletic careers - anticipation**
- **Roles in which athletes can fulfill themselves after their careers - based on the knowledge and skills acquired**